

**Shadow Work for the Soul Searcher: A ten-step guide to authentic self-expression**

Polly Pollock

*Shadow Work for the Soul Searcher* is a ten-step introduction to the emotional reset and deep work of exploring the shadow self. Perfect for beginners, this gentle guide makes shadow work completely accessible.



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Mind, Body, Spirit



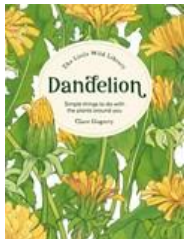
**The Little Wild Library: Nettle: Simple things to do with the plants around you**

Clare Gogerty

In *The Little Wild Library: Nettle*, discover how to make the most of this useful plant, with recipes and makes to try throughout the year. Once you've found your favourite nettle patch, come back as the seasons change and find new things to do with your foraged treasure – from edible treats to usefu...



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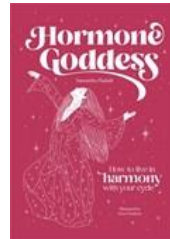
**Folklore of the Sea: Myths and legends of the maritime world**

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Discover the transformative power of the female body with **Hormone Goddess**, the ultimate guide for women seeking to understand and support their hormonal cycles. Written by Samantha Hadadi, known as @the\_hormone\_goddess on Instagram, this book provides insightful knowledge and practical tips to help ...



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Joey Hulin

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Drawing on ancient traditions, folklore and rituals this seasonal guidebook is packed with ideas for celebrating the Solar year, from midnight Solstice rituals to Midwinter fires and Equinox rebalancing tips. Each chapter offers a chance to learn something new, from seasonal rituals and recipes to a...



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**The Little Wild Library: Hawthorn: Simple things to do with the plants around you.**

Clare Gogerty

Throughout the year, the hawthorn tree gives shelter to birds, and then feeds them into the fall with its vibrant red berries. Steeped in myth, the hawthorn is a magical tree. In *The Little Wild Library: Hawthorn*, discover how to make the most of this ancient and useful tree, with recipes and makes ...



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In *The Little Wild Library: Wild Rose*, discover how to make the most of this beautiful plant, with recipes and makes to try throughout the year. Once you've found your favourite wild rose, come back as the seasons change and find new things to do with your foraged treasure – from edible treats to us...



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**The Little Wild Library: Elder: Simple things to do with the plants around you.**

Clare Gogerty

In *The Little Wild Library: Elder*, discover how to make the most of this beautiful tree, with recipes and makes to try throughout the year. Once you've found your favourite elder, come back as the seasons change and find new things to do with your foraged treasure – from edible treats to useful tinc...



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**Birthstone Stories: The gemstones of the year and their stories**

Melise Ozkardesler

Birthstone Stories explores the magic, meaning and history of the birthstones, covering every month in detail and revealing some of the most beautiful and significant pieces of jewelery and birthstone specimens ever found. Beautifully illustrated, it elevates the birthstones and is the perfect book ...



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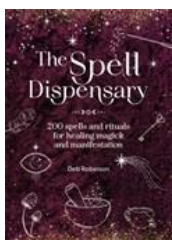
**The Rewilding Yearbook: A 12-month journey to discover the wild within you**

Eleanor Cheetham, Maddy Winterbrook

***The Rewilding Yearbook*** is a year-long personal development journey into connecting with your place in the natural world – and how to bring nature back into the heart of our lives and work! ***The Rewilding Yearbook*** takes readers on a journey into unearthing the **wild within** and forming a deep fulfilling...



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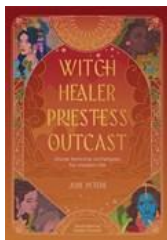
**The Pocket Book of Plants that Heal: The illustrated herbarium of medicinal plants**

François Couplan, Gérard Debuigne

Unlock the secrets of nature's medicine cabinet. Discover 75 common medicinal plants, their fascinating histories, therapeutic properties, and learn techniques to prepare herbal remedies such as infusions, tinctures, oils, and lotions. Recognize plants through exceptional photographic plates and dis...



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In **Witch, Healer, Priestess, Outcast**, explore **original retellings** of mythic figures and goddesses from around the world, discovering how to embrace both the dark and light aspects of life. Learn how embodying these archetypes can help you **navigate your deepest emotions**, reclaim your place in a the w...



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### How to Paint It!: 100 simple watercolor paintings in six steps or less

Sharone Stevens

This directory of 100 step-by-step watercolor motifs will teach you how to paint it, in six steps or less! Watercolor has never been easier or more fun with this accessible guide to painting through the seasons. With easy visual steps, you'll see how to build up realistic looking pictures from the f...



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### Knit Modern Scandi Sweaters: Knitting patterns for bright and beautiful Nordic knits

Marita Clementz

This is a fresh take on the traditional Icelandic sweater known as the lopapeysa. These sweaters are traditionally knitted using unspun, undyed yarn, known as lopi so they are usually made in combinations of neutral colours. They are knitted top down in the round and have a loose fit.



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### Mystery Coloring Wild Animals: Solve the riddle and color by numbers to reveal the picture

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Discover the easy craft of needle felting and make kawaii-style gifts in this beginner's guide. With step-by-step instructions, readers will be able to make 20 cute lucky charms from around the world, from the Swedish Dala Horse to the Japanese Maneki-neko Cat, to the Irish Shamrock and more, all de...



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### The Bouquet in a Book: Pre-punched pages to press out and make

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Unlock your inner artist and create a stunning, everlasting floral arrangement with **The Bouquet in a Book** This innovative **press-out and make** book of ready-to-use templates offers step-by-step instructions to help you craft an exquisite paper bouquet that will never wilt.



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Draw the cutest kawaii pictures every week for a whole year and never be bored again! This fun package for the young, and young at heart, covers a wide range of kawaii motifs in a deck of 52 prompt - or cue - cards.



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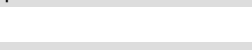
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### Easy Origami Kawaii: 400 pages ready to fold with 10 step-by-step tutorials

Kamikey

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### Next-Level Needlepoint: Over 100 skill-building stitches and techniques for modern tapestry embroidery

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Get ready to take your needlepoint to the next level and gain the confidence to start making bold stitching choices. In **Next-Level Needlepoint**, bestselling author and popular designer Emma Horment walks you through over 100 intermediate stitches and 10 fun projects designed to build your skills and o...



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### Needlepoint Journal: Track your projects and record your stitching with this interactive journal

Emma Homent

Keep your needlepoint projects organized and recorded with this expertly crafted journal. Each page offers space to record details such as the kit or canvas name, size, stitches used, and other notes. Whether you're a seasoned needlepoint artist or are just starting out, this journal will become an ...



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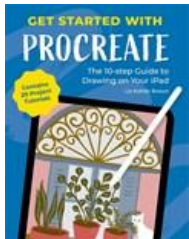
### Sew Felt Animals From Apple Blossom Wood: A practical guide to sewing heirloom animal dolls and their clothing

Claire Bowman

Make wonderful heirloom felt dolls with this collection of patterns and instructions for the six felt animal dolls. There are patterns for six different 16 inch dolls and their beautifully tailored wardrobes, as well as entertaining back stories to introduce the characters.



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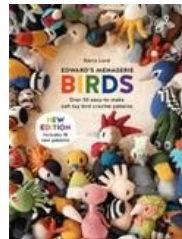
### Get Started with Procreate: The 10-Step Guide to Drawing on Your iPad: Contains 20 Project Tutorials

Liz Kohler Brown

The absolute beginner's guide to Procreate – the award-winning iPad app that's now in commercial use with Disney, Marvel Comics and the Star Wars franchise among many others.



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### Edward's Menagerie: Birds - New Edition: Over 50 easy-to-make soft toy crochet bird patterns

Kerry Lord, Kerry Lord - personal a/c

Be prepared for 50 fine-feathered friends to fly off your hook and put their feet up on your coffee table in this fully revised and updated edition of Kerry Lord's bestselling crochet bird book! The patterns use basic stitches, are grouped by difficulty and include step-by-step technical guides for ...



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Stephanie Carswell

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### Paint with Thread: In the Garden: A step-by-step guide to embroidery

Emillie Ferris

Thread painting is a form of embroidery that creates a realistic, lifelike effect using just one stitch. In this step-by-step guide, embroidery artist Emillie Ferris has created nine exclusive patterns inspired by the garden. Iron-on transfers at the back of the book allow you to transfer the design...



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### The Granny Square Crochet Bible: Everything you need to know about how to crochet granny squares

Lynne Rowe

A practical guide to everything you need to know to crochet granny squares, including how to join them and add borders. It includes all the key techniques, information about the stitches used as well as other essential tips and tricks so you can start making granny square projects.



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### Sketching Nature: The Beginner's Guide to Keeping a Botanical Sketchbook

Dianne Sutherland

Learn how to start a botanical sketchbook, to improve your drawing skills and appreciation of the natural world. This beautiful yet practical book is aimed at those starting out in botanical art and nature journaling. Step-by-step sequences show the process of the development of sketchbook pages, co...



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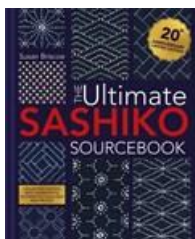
### Crochet Dolls Inspired By Nature: 20 amigurumi toys celebrating the beauty of biodiversity

Nathalie Amiel

A magical crochet doll book combined with notes about how important it is to preserve our biodiversity.



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### The Ultimate Sashiko Sourcebook 20th Anniversary Limited Edition: Collector's edition with 12 new stitch patterns plus exclusive new project

Susan Briscoe

A limited edition of this best selling title with a new chapter featuring 12 new patterns and one new project, to celebrate its 20th anniversary. Sashiko, the traditional Japanese technique of needlework quilting, uses simple running stitch to create beautifully decorative patterns ideal for patchwo...



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### The Bedside Book of Watercolor Wisdom: 500 Practical Hints, Tips, and Solutions for All Artists

Trudy Friend

A beautifully produced companion that provides 100s of solutions to the frequent problems faced by the watercolour artist.



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Watercolours



### A Year of Amigurumi Friends: 24 cute animals to crochet month-by-month

Andreia Ferreira

A Year of Amigurumi Friends is a book of crochet patterns featuring loveable animal characters duo representing each month of the year. Inspired by seasonal activities, holidays, and even the zodiac signs, readers and makers will have their hands busy all year long.



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### The Natural Dye Handbook: A comprehensive guide to exploring plant-based dyeing techniques

Heidi Iverson

A rich and comprehensive guide to natural dyeing processes to take your practise to the next level.



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### Crochet A Flower Bouquet: 35 crochet patterns for handmade flowers and foliage

Li Li

A collection of crochet patterns for 3 dimensional flowers and foliage which can be used to create beautiful floral bouquets to display at home or gift to friends and family.



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### Kawaii Crochet Christmas: 40 super cute amigurumi patterns for the festive season

Melissa Bradley-Vatcher

Crochet a stocking full of Christmas kawaii happiness with this super-cute collection of 40 amigurumi patterns from modern crochet designer Yam Blossom Boutique. Featuring a wide range of Christmas-themed designs this collection will bring a feast of festive joy to your Christmas crafting.



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### Me and My Ballpoint Pen: Discover Art Beyond the Doodle: Drawing Skills and Abstract Drills for Artistic Excellence

Jennifer Mullin

Packed with drills, prompts, techniques and galleries, *Me and My Ballpoint* offers inspiring advice on how to start, improve or master the art of ballpoint pen sketching.



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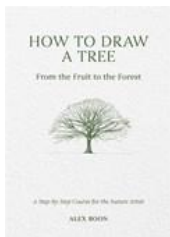
### Merry Stitchmas: 24 fun and festive cross stitch designs

Emma Congdon

Deck the halls with a Stitchrovia Christmas, bursting at the seams with modern, graphic patterns that are hotter than Santa in a Hawaiian shirt. Easy-to-read charts, step-by-step instructions and gorgeous photography make this everything you need to sleigh your way through a cross stitch Christmas.



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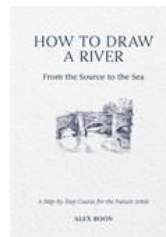
### How to Draw a Tree: From the Fruit to the Forest: A Step-by-Step Course for the Nature Artist

Alex Boon

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### How to Draw a River: From the Source to the Sea: A Step-by-Step Course for the Nature Artist

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### Stitch Stars: Taylor: Over 20 unofficial embroidery patterns for stichy superfans

Emily Middleton

Taylor fans everywhere will love this unique way to celebrate the world-famous star with more than 20 easy embroidery patterns with iron-on transfers to stitch her most iconic looks.



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### Peter Rabbit™ Crochet Toys: Adorable Amigurumi from the Tales of Beatrix Potter

Carla Mitrani

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Featuring the most popular and distinctive breeds - including terriers, toy breeds, gundogs, pastoral breeds, utility dogs, hounds and working dogs - each pooc...



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### No Fear Sock Knitting: Take the worry out of sock knitting with this beginner's guide

Denise DeSantis

A practical guide to how to knit socks for absolute beginners and beyond. Sock knitting can be daunting because it involves using circular and double pointed needles which less experienced knitters can find intimidating.



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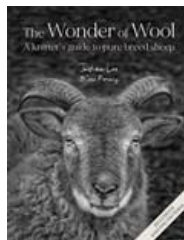
**200 Japanese Cross Stitch Designs:**  
Traditional, geometric, retro and floral patterns for mindful stitching

Saeko Endo

200 Japanese cross stitch patterns inspired by kimonos, florals, and traditional designs. Each pattern includes clear color charts and many patterns are designed for flexibility in size. Enjoy the meditative nature of repetitive stitching, and make gorgeous home decor and gifts inspired by the texti...



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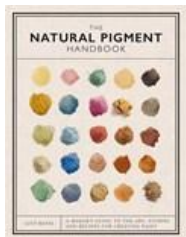
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A delightful collection of sewing patterns from the creator of the Luna Lapin, the original rabbit hare, Sarah Peel. Immerse yourself once again in the whimsical world of Luna Lapin with this collection of patterns and instructions for five delightful animals.



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### Watercolor Mixing Deck: Landscapes: Quick Reference Color Palettes to Use at Home or on Location

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### The Sociable Cat: Building harmonious relationships for your cat and family

Melissa Fallon, Becky Macfarlane

An essential guide to socialising your cat, written by pet experts and animal behaviourists. This book will help with introducing a new cat to your home or deal with existing behavioural problems, enabling you, your family, and your feline friends to coexist in perfect harmony.



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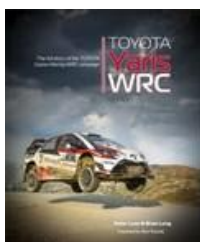
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Marc Cranswick

This book charts the rise of America's only sports car: the Chevrolet Corvette. Its performance, sales and racing achievements are chronicled against a backdrop of industry commentators and key GM and Chevrolet figures; a pictorial presentation of the Plastic Fantastic, depicting its global high per...



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### Toyota Yaris WRC: The full story of the Toyota Gazoo Racing WRC campaign

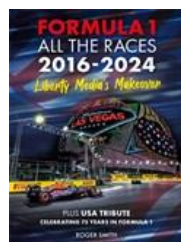
Brian Long, Peter Lyon

**GAZOO!**

The full story of Toyota's recent and highly-successful World Rally Championship campaign, undertaken by its motorsport subsidiary, Gazoo Racing. Using stunning photography sourced from the factory, the book covers every WRC entry made by Gazoo, and looks back at Toyota's early days in the sp...



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### Formula 1 All the Races 2016-2024: Liberty Media's Makeover

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Over four editions, the 'Formula 1 All the Races' series chronicled the captivating narrative of the FIA Formula 1 World Championship on a race-by-race basis. Now, as the race-count climbs to an astonishing 1,125 at the end of 2024, Formula 1's 75th season provides the perfect opportunity for a fit...



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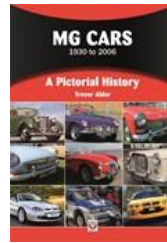


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**Chevrolet Corvette C6 2005-2013: Essential  
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David Smitheram

This essential guide distils first-hand experience and knowledge of the Chevrolet Corvette C6 from specialists and owners, to provide invaluable expert advice that will help you on your quest to buy one of the world's most versatile, two-seater sports cars.



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Trevor Alder

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Mark Andrews

Explores the history of Chinese car manufacture, looking at some of the key cars in that journey, the false starts and missed opportunities

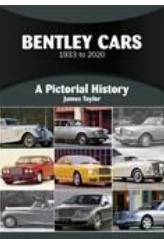


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James Taylor

A model-by-model guide to this classic marque, giving details of design history, model specs, colour variations and styling features. Comprehensively illustrated, the book includes original photographs of all models, together with interior detail. It is an invaluable resource for anyone wishing to i...

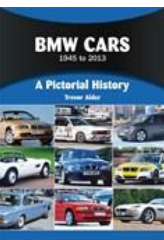


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**Designing Dreams: Essays on the inside story of  
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Dick Ruzzin

A design book, an art book and an automotive history book. If you love car design you must have this book. It describes in detail automobile creation, the design of the iconic Oldsmobile Toronado and the people who created it. The Toronado is now seen as the most significant design representation of...

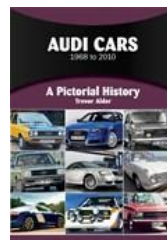


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**BMW Cars 1945 to 2013: A Pictorial History**

Trevor Alder

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### Ford Fiesta 1976-1998: Great British Cars

Trevor Alder

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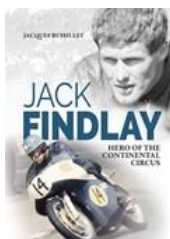
### Ford Sierra 1983-1993: Great British Cars

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Profusely illustrated and painstakingly researched, with an eye catching layout throughout, this is a worthy addition to the Veloce Great British Cars series.



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Jacques Bussillet

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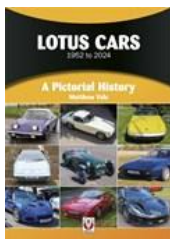
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Matthew Vale

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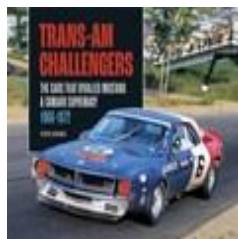
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Lotus has produced road cars since 1952, and this book covers them all, right up to the Evija supercar.



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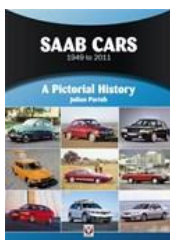
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Tells the story of the Mustang and Camaro in Trans-Am racing, and the models' competition records. Includes the histories of their competitors - Detroit's 'big four' - and their commitment to achieving sales success through the Trans-Am series.



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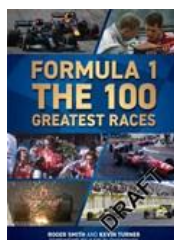
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This handy full-colour guide covers the complete history of Saab's cars. Chapters cover each of Saab's models, including the 93 and 96 saloons that enjoyed much success in rallying, the 95 station wagon and the striking Sonett sports cars. The SaabO caravan and the Formula Junior racing car built du...



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Roger Smith, Kevin Turner

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Formula 1's 75th anniversary on May 13, 2025, marks a landmark in motorsport history—a celebration of speed, innovation, and the relentless pursuit of greatness. From the inaugural race at Silverstone in 1950 to today, F1 has hosted 1,131 Grand Prix...



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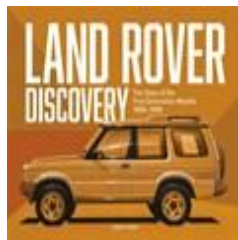
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Jack Barlow

A Race with Infamy uncovers the life of Lance Macklin, a charismatic racer tied to the 1955 Le Mans disaster. Through meticulous research and rare insights, it traces his rise, role in the tragic event, and his complex legacy. A vivid exploration of ambition, history, and the golden age of motorspor...



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